

## **Beef Stew**

### **Shopping List:**

- 4 bouillon cubes
- 5 pounds meat, browned
- 6 cups water
- Spices
- 3 large onions, cut up
- 12 potatoes, peeled and cut up
- 6-8 large carrots, peeled and cut up
- 2 heaping tablespoons cornstarch

### **Directions:**

Cook the bouillon, meat, spices, and water for about 1 ½ hours. Add potatoes and carrots. Cook for about 45 minutes. Stir cornstarch into small amount cold water, and stir into stew to thicken